



Rules



Bed Design

- Beds must measure at least 3 feet by 6 feet, but no more than 6 feet by 8 feet – handles included. Mattress and pillows optional.
- Beds must be designed with four functional wheels of any size, making contact with the road surface at all times. NO motors or mechanical assistance is allowed, especially nitrous oxide or rocket systems!
- All beds will be inspected prior to racing for safety and/or mechanical issues.

Racing Teams

- Racing teams shall consist of one rider and four runners/pushers (No Alternates for Runners Allowed)
- Racers must be 12 years of age or older to participate. All participants under 18 must have a parent/guardian sign waiver of liability.

Safety

- All bed racers MUST sign the Waiver of Liability and acknowledgement of the Bed Race Rules and Regulations before participating in the race.
- Theme or costume attire is strongly encouraged
- All runners/pushers should wear athletic shoes suitable for street running.
- Alcohol Prohibited

During the Race

- Bed riders must wear a helmet and sit or lie flat on the bed
- All runners/pushers must be in control of their bed until it comes to a complete stop, hopefully with all pieces intact to remain qualified!
- Teams should not interfere or impede the progress of an opposing team.stay on your own side!
- Two teams will compete against each other. Your team will get to race two times and be seeded according to your best time. After the timed rounds, it becomes single elimination.

Awards

- Cash prize of \$100 will be given to the winning team
- Cash prize of \$100 will go to the People's Choice Award – Race Officials will post pictures of each bed/team on Facebook following the race. The team who gets the most likes by 9pm eastern on Sunday, May 8th will be declared the winner of this award!

- Trophies will be given for the following from judging during the bed parade:

First Place Race Winning Team will receive a trophy
Most Creative Bed and Attire team will win a trophy

- NOTE: Your safety is important to us. Please wear good running shoes. Accidents may occur such as falling down on pavement, scrapes, bruises, tripping, collisions, etc. Safety gear to avoid such hazards is recommended.



Downtown Bedford Inc.

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2023 Bedford Bed Races Entry Form

May 20, 2023

Team Name _____

Team Captain Name & Phone _____

Team Captain Email _____

Team members' name, birthdate (including year), and phone number

Team Member #1 _____

Team Member #2 _____

Team Member #3 _____

Team Member #4 _____

Team Member #5 _____

Please return this completed application and a check for \$50* made payable to DBI, no later than May 7, 2023.

***DBI Business members are free to enter**

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION
OF RISK AND INDEMNITY AGREEMENT**

In consideration for being permitted to participate in the **2023 Bedford Bed Race and Parade** ("Bed Race") sponsored by Downtown Bedford Incorporated, on May 20, 2023, in Bedford, Pennsylvania, by my signature below, I agree as follows:

ASSUMPTION OF RISK, WAIVER AND RELEASE

I recognize, acknowledge and understand there may be certain inherent risks associated with the Bed Race. I voluntarily and knowingly agree to assume all risks involved with the Bed Race and by my signature below, I certify that I am medically able to participate in this activity. I also assume any and all other risks associated with participating in the event, including, but not limited to falls, contact with other participants, spectators or equipment, effects of the weather, including high heat and/or humidity, and the condition of the roads. All such risks are understood by me and I willingly and knowingly assume any and all risks in order to participate in the activity.

I RELEASE, WAIVE, and DISCHARGE Downtown Bedford Incorporated, its Servants, Agents and Assigns, or any other organization or entity assisting with the Bed Race, from any and all liability for damages, injury, death, or losses of all and every description, both foreseen and unforeseen. I further release Downtown Bedford Incorporated, its Servants and Agents, of and from any and all actions, cause of actions, claims and demands, costs or damages of action, or any nature and kind however caused directly or indirectly arising out of or incurred in connection with the activity. Further, I hereby grant full permission to use any photographs, videotapes, or images or any other record of this event for any purpose whatsoever now and in the future.

INDEMNIFICATION

I agree to indemnify and save and hold harmless Downtown Bedford Incorporated, its Servants, Agents and Assigns, or any other organization or entity assisting with the Bed Race, from any loss, liability, damage, claims, actions, costs, expenses and demands with respect to any injury, death, loss or damage to my person or property, with respect to injury, death, loss or damage to a third party or to his or her property, however caused, arising out of or in connection with my taking part in the Bed Race. **This Agreement shall be binding on me, my heirs, personal representatives, successors and assigns. I acknowledge having read this document. I have read this Agreement, fully understand its terms, understand that I may give up rights by signing it and have signed it freely and voluntarily without any inducement, assurance or guarantee being made to me and intend my signature to be a complete and unconditional release of all liability to the greatest extent allowable by law.**

DATED the _____ day of _____, 2023

Team Member #1 Print Name: _____

Signature: _____

Team Member #2 Print Name: _____

Signature: _____

Team Member #3 Print Name: _____

Signature: _____

Team Member #4 Print Name: _____

Signature: _____

Team Member #5 Print Name: _____

Signature: _____

EMERGENCY CONTACT PERSON:

PHONE NUMBER:

NOTE: If participant is UNDER THE AGE OF 18 YEARS this document must be signed by a parent or guardian.

Dated the ____ day of _____, 2023

I have read this Liability, Disclaimer, Waiver, Release and Indemnity form and agree that it applies to:

_____ (Name of Participant #1)

Parent /Guardian Signature: _____

_____ (Name of Participant #2)

Parent /Guardian Signature: _____

_____ (Name of Participant #3)

Parent /Guardian Signature: _____

_____ (Name of Participant #4)

Parent /Guardian Signature: _____

_____ (Name of Participant #5)